

Starlight Elixirs, Part III

In April, Part I appeared in *The Spirit of Maat*; an introduction to the vibrational healing of starlight elixirs, and my connection to my Aldebaran ancestors. In May, Part II included an interview with Fred Rubinfeld, President of Pegasus Products who makes starlight elixirs. This fascinating interview detailed the labor-intensive, albeit loving process of creating the starlight and planetary elixirs. I invited readers to try these products for themselves and also mentioned I would be sharing my experiences in Part III in June. The following article is by no means the conclusion, but may be the temporary denouement of this topic, for now. It will be up to you, the readers, if and when it needs to be revisited.

I received the following email from Catharine Pantaire (cpantaire@gmail.com):

“All I know to say now is hello. Two months ago, about the time a whole new plane got levitated in my life by reading Drunvalo’s Serpent of Light, I was magnetically pulled outside a couple of nights in a row, to stare up at a particular star. I thought it was just because it was so beautiful and brilliant and red. But I couldn’t take my eyes off it. It felt familiar, even though I’d never noticed it before. I finally got out my star maps and looked it up. It was Aldebaran. When I googled it, I was amazed. I am about to faint here in the library from reading what you and Fred said about it. Hi, family. You are the first I’ve ‘met’. I am indeed blessed today. (If you call me via the rabbit-hole, I may or may not hear; I am in rapid acceleration now, to the point where I got ‘forced’ to look up *Spirit of Maat* when I was supposed to be doing something else, and ‘forced’ to look up the star elixir article. Clairsentience can be fun, whatever it lacks in details!)”

Thanking her for writing, I placed aside her email, wondering if there would be a deeper connection later.

Rereading the story and history of the beings of Aldebaran from Starlight Elixirs and Cosmic Vibrational Healing helped me deepen my intuitive connection to them.

Summarized from the book: As beings capable of working with powerful energies long before Earth was populated, the Aldebarans used their creative force to develop a new race. These new born beings "had a tremendous ability to communicate, to understand, and to transcend the lives of the parents...They saw it was necessary to separate from the parent civilization" and moved to the sixth planet in their star system. Since this planet was not life sustaining, artificial energy sources were created.

Even though the parents were in harmony with the decision, they grew concerned when they perceived their children’s struggle at subtle levels.

“...In fact, there was (a) deep problem within the society being created on the sixth level. They (the children) could not accept that the universe they had come into was ready to hold them, love them, and know them. They did not have the inherent understanding that comes from a history of struggle and difficulty...just this small portion of emotional understanding was too much.”

And they unplugged from their life support.

The parents struggled through their grief to make sense of this. Eventually they discovered that the best way to experience the overall depth of evolution would be through free will experiences, not genetic manipulation.

What they broadcast to Earth now is a more empowering message of “You live. You grow. You may be.”

This story, as channeled by Jon C. Fox through Hilarion, explains why the Starlight Elixir Aldebaran is taken for consolation/transition. It assists and accelerates the grieving process, bringing peace and calm. It enhances inner self love and strength through its compassionate energy. It also appears to assist on other levels.....

Working with a new client, I offered her several testers of Starlight Elixirs before we began our healing session. Without reading any of the labels, she quickly muscle tested for the ones she ‘needed’. She handed me the one that tested positive.

“Here,” she said, still without reading the label.

I looked at it.

Aldebaran. Of course!

She took a few drops under her tongue, and I encouraged her to read the channeled story from the beings of Aldebaran. We proceeded with our work for that day.

The next day, when we met again, she announced that she’d read the channeling.

“I really think we’re the children of Aldebaran,” she said referring to the two of us. I privately wondered if I’d been one of the parents. But I listened to what she had to say.

“I’ve been getting that I’m to work more with children. That what I’m to teach them is more tough love. That’s what went wrong on Aldebaran. Those kids couldn’t handle the situation. And if the parents would have said NO, you can’t

move to another planet, rather than helping them achieve the move, the situation never would have happened.”

Interesting perspective.

A different client came in for an angel reading. I offered her the same testers of Starlight Elixirs. She chose the Center of Galaxy for Angelic Assistance. As we talked, my arm twice brushed one of the bottles, and the second time it fell off the table.

We both looked at the bottle.

Aldebaran. Of course!

She took a few drops under her tongue. I explained the history of the Aldebaran beings.

She looked at me and stated her intention for her reading.

“I have an autistic daughter. Everyone including the school has given up on her, except me. I can’t put her in a home. But I don’t know what else to do. I’m hoping the angels will help me.”

The answer came almost immediately.

“Have you thought about starting your own school?” The angels asked her through me.

“You’re the second person to ask me that,” she said. And the plan began to unfold.....

Hmm, I think I’m seeing a pattern here.....

Curious, I wrote Catharine Pantaire and asked her, “Are you connected to either teaching or parenting????”

Her response was, “Many years ago, I was told by someone who Knows Things that my destiny is to be a teacher, and I do that informally at the spiritual center, where I seem to be the only one there with background studies in most major traditions. If answering questions like Why do those white kids with the ratty yoga clothes wear their hair in those awful fuzzy braids twisted on top of their heads (A: they are followers of Shiva, etc.) and What does sound have to do with prayer, then yes, I’m a teacher already. If having a stunning visualization of Bhagavan/Amma as re-parents, with my 5-year-old self holding their hands and swinging between them, giggling, then, yes, I’m connected to parenting. In the past week, I have been invited to engage in a major grant project aimed at

expanding the self-worth-inner-concept of American mountain children, which feels like both teaching and parenting, in spirit, so that feels right too. The energies of sharing knowledge and skills and strength with children of all ages (see the Moorea culture in Serpent) are in a way the definition for me of the Path of the Heart, being as how we are all children of the divine. I'm very glad this is a theme in this context. Smiling to have had this evoked from within me, thank you for that, Cat."

It appears to me that the Aldebaran Starlight Elixir draws out the inner soul purpose of parenting, teaching, guiding, facilitating others.

Creating an opening through which the higher self of a person can access his soul's mission, if it's in alignment with his free will.

Bringing out the inner peace that comes when accessing that totality of the soul's potential.

And in hearing the three individual's comments, the struggle of tough love, unconditional love, and sharing our divinity is the basis for this particular path of the soul.

It helped me to realize why after teaching in a public school for twenty years, the angels told me it was time to move on and teach adults. At the time, I was coordinating a special program of my design, working with high IQ middle and high school students and their teachers and creating advanced programs of study. The more I worked with them, the more I realized how much they needed emotional support. They never felt understood or accepted. Creating a mentorship program had a profound impact on all the students. All kids felt more at ease, and had better relationships with parents, the school and other kids.

Looking back, I understand the 'Aldebaran' parent/teacher in me was guiding this project. Why else would I be aware of the emotional needs of the higher IQ kids? Especially in a time when no one else seemed to be addressing it.

I also understand why I was to move on and teach adults. It was time to take this even farther, and have more adults understanding the special needs of all kids.

"You live. You grow. You may be."

The unconditional love of allowing free will while transmitting deep and profound compassion.

Allowing each to be their best.

Whatever that is.

As I meditated on writing this, I wondered if all starlight elixirs create openings through which the higher self of the person accesses his soul's mission or aspects of it.

Or was it just Aldebaran?

I recalled a channeling in which I was told I had come from Vega before I came to this planet. Idly I glanced at the Starlight Elixirs book again and read,

“..At times beings from Vega are imagining about music that would be helpful to humanity...What is seen as useful for many people on earth is a time of peace, a time of emptiness, a time for recreating the energies of inspiration and source....those energies that open you to your possible future, your potential...sometimes known as space music, but more accurately called emptiness music. Vegans have influenced various forms of music in the past. One of these was the shift from the earlier...shift out of Mozart into the more Romantic music. This was an important development for bringing heart energy and move love into humanity.”

Absentmindedly I thought about this as I picked up my new wooden flute and began playing.

Without music. Just playing from the heart.....

Respectfully yours,
Phoenix Rising Star
Starlight Elixir Junkie and Co-Director of Your HeartWalk Center
www.sedonaheartwalk.com

Reference:

Starlight Elixirs and Cosmic Vibrational Healing by Michael Smulkis and Fred Rubinfeld. The C.W. Daniel Co. Ltd., England, 1992.

Next month: You've heard about ZeroPoint energy from Gregg Braden and others....

- Find out about the tools claiming to access this energy.
- Hear the testimonies from people claiming to heal themselves with it.
- Just what is it and how does it work, if it works?
- ZeroPoint Technology. You can check it out ahead of time by googling zeropoint energy or go to <http://www.nvelardi.zeropointglobal.com/>