

Live h2o, the Concert of the Living Waters

Remembering back to when I first met Len Horowitz, in October, 2008, he made the comment, "It is already complete in the ethers. We're just going through the motions in the physical realm." See Maat Article, Going Divine in 2009 (http://spiritofmaat.com/feb09/going_divine_in_2009.html)

Meaning the Live Concert intention--- to save the planet, secure world peace, celebrate free energy, promote natural healing, and honor the living water for sustainability and conscious evolution through the frequency of LOVE-- was enough to create the effect.

An ambitious undertaking, to say the least.

With no large corporate sponsors, utilizing thousands of volunteers at fifty-six international sites and ten internet feed-sites, somehow he managed to pull it off.

At least the event was created. Utilizing three days with world experts, artists, and elders sharing the intention of healing water everywhere through music, prayer, acts of toning, and the vibration of love.

The intention *appeared* to carry the frequency of LOVE to all who participated.

Now we wait for the results to come pouring in.

Attending and presenting in Sedona, AZ, on one of the live internet feeds, I had a wonderful opportunity to observe first-hand the power of love and intention in healing the water within and the water without.

I received an AHA! about the power of water I didn't expect.....and took with me the most important blessings from this event.

Even on a local scale, to organize an event like this was monumental. A space large enough for all venues, people, parking, restrooms, etc. was needed. Angel Valley in Sedona, AZ stepped forward to offer their seventy-some acres of soon-to-be community living. Already existing as a retreat center, they had important things like parking lots, lots of restrooms, two labyrinths, a medicine wheel, a fire pit, cabins, and a vegetarian chef. They knew how to handle groups. They were a spiritual retreat center. How perfect is that? Ambaya Gold Health Products, friends of Len Horowitz, also offered to co-sponsor this event.

Many of the presenters and musicians knew each other. This is their world, and Sedona is a small town. But not all of them came from Sedona. Rev. Elizabeth Forrest, Unity Church Minister from North Carolina, offered several blessings and talks. Clayton Nolte

talked about structured water. Wynn Free, author of The Reincarnation of Edgar Cayce?, facilitated a channeling with the Elohim to assist our intentions in healing the waters of the planet. Lama Traga Rinpoche not only offered a blessing, he gave a talk on Love and Compassion and the clarity of water as we move into a clearer space ourselves. He also led the Ah chant, that he changed at the last minute to Ohm-Ah-Hueng. There was an African drummer, Baba Shibambo leading the global vigil drumming that was to last for four hours, simulating the heartbeat of Mother Earth and opening the waters of the planet to the healing. He quit after two and a half hours. (We know intention is everything, as the global drumming continued.)

Many of the local presenters offered their hearts through instruments, vocals, toning, crystal bowl sounds (complete with a special Atlantean Crystal in water in a crystal bowl and played for an hour), Middle-Eastern Dancing, meditation, tuning forks, Qi Gong, and more.

There was some evidence we are still in the 3-D world. (Again. Didn't we just experience this two months ago with the Return of the Ancestors?) Sedona Live h2O began charging an arm and a leg for participants. On Day 1, they were down to just charging an arm. By Day 3, the doors were wide open for people to come in, freely. With their arms and legs.

Water surprised me.

I had begun to observe cellular memory changes in myself days before the event. I attributed this to drinking structured water. Not only does it release the corrosion and plaque in our pipes and water using devices, it does this in ourselves. Raising old cellular memories so they can be healed and released. Or stuffed back in.

It didn't occur to me that an event where water is being honored would create the same effect. Raising cellular memory for healing, so it can be released, and higher frequencies replaced. Or not, as we choose.

The first inkling I had about this was in talking with Rev. Elizabeth Forrest, the Unity Minister. As we waded in the creek following a fabulous meditation with Jane Reading and superior toning with Joan Cerio, I said to Elizabeth, "I noticed you several times on the program. What will you be talking about?"

She just shook her head and said, "I don't know. Whatever God wants me to say." She paused, and then said impulsively, "It wasn't always like that. My mother told me I couldn't tell anyone I talked to angels because they'd put me in an insane asylum. I didn't know what that was, but it sounded horrible to me as a six year old. So I stopped talking to them for quite awhile. I'm glad I'm done with that now!"

Bingo. The charge in her voice indicated it still hurt her. The pain in her eyes as she said that and the impulsivity with which she shared it told me this was OLD STUFF coming up

to be released.

So I said, “Sounds like this is old cellular memory coming up for you to heal.”

She said, not understanding, “Oh, it’s old all right!”

I explained, “What I meant was this is old cellular memory, or pain/trauma stored in your cells that’s coming up to be healed. You have a choice here. You can heal it in whatever way is best for you, or you can stuff it back in and continue to allow it to fester. But you do have a choice.”

She looked at me for a moment, and then said, “I never thought of it like that. And you’re right. I’ve had some other what you call cell memories come up since I’ve been here also. Now I know what to do with them.”

While that may have been a remarkable coincidence, I was given another opportunity to observe cellular memory in action.

The Atlantean Crystal, brought by Arthur Fanning, created quite a stir. Although in Arthur’s possession as its keeper, Arthur was not the one to find it. The original crystal keeper was scuba-diving wrecks off Florida. After a storm passed, this smoky sphere was easy to spot on the ocean’s floor. As he picked it up, he heard the words clearly, “You have it, now go and don’t return.” Personally prevented from diving the next day, the rest of his crew went anyway and all drowned.

This Atlantean sphere is always kept in a crystal container filled with water. Partnered with crystal bowls played for an hour, and broadcast through the internet, several people reportedly began experiencing flashbacks of Atlantean times. Several people mentioned having headaches. Others were sleepless that night as a result of cellular memory coming up and wanting to be healed. After all, that was a tumultuous time and many of us on the planet have either Atlantean or Lemurian ties, or both.

The third ah-ha with water and cellular memory was what I believe were old mental belief systems coming up for healing.

Here’s what happened:

Lama Traga Rinpoche opened Day 3 with a blessing and Dharma talk on Love and Compassion. The global schedule for the day indicated that the first worldwide Ah chant was opened in Hawaii at 10:06AM. Our turn was at 10:42AM. We were to do nine minutes of chanting AH, and then tune into the rest of the worldwide AH chant. As we readied ourselves for chanting, suddenly Lama Traga Rinpoche said Tibetans don’t chant AH. We could chant internally if we wanted to do this, but he was going to lead Ohm-Ah-

Hueng instead, as that felt more complete. He was in charge at that moment, so that's what we chanted.

When it came to the second worldwide chant of AH, our organizers explained that if Lama Traga Rinpoche wanted to continue his Ohm-Ah-Hueng chant he could, and so could anyone else who wanted to chant this for nine minutes. The rest of us would do the Ah chant the global event was expecting to hear. And this time, we were the first site to open this chant, so it was very important we showed we were doing what was expected.

Not only did Lama Traga Rinpoche do his Ohm-Ah-Hueng chant for nine minutes, he continued for at least an hour longer. Interestingly enough, after the initial nine minutes were complete, he was the only one chanting. After about thirty minutes, one of the volunteers began chanting Ah very loudly. At the same time. It appeared to be a battle between them. Neither one of them appeared to want to stop. It went on for quite awhile. Quite frankly, I got a headache from it. I had to leave.

To me, this was an example of cellular memory coming up to be released. It may have been belief systems such as 'I am in control' or 'I know better' or it may have been something else entirely.

It may even be a misinterpretation on my part as to what caused this event.

But what I know is all of us were part of it. All of us had responsibility with it because we were there.

It just didn't feel in alignment with the harmony and love of the weekend.

So water taught me that when we offer to heal it, it gives back by lifting up whatever is in our cells that is no longer in alignment with us. It's up to us what we do with it. Keep it. Or release it and replace it with higher frequencies. It's our choice.

I choose to retain the blessings from this event, along with the loving intention and creation energy that was exhibited all weekend long by heartfelt performers, presenters, and musicians. I choose to heal the waters within and without, with my love and light.

After all, this is not just a three day event.

It's about life.

It's what you do AFTER the three days that matters.

Love your water when you use it.

Offer prayers of love and gratitude to your water and food before ingesting them.

Ask to be filled with the power of love and act from that space in all ways.

You don't need gadgets or gizmos ultimately. You may use them to get you to a state of purification where you can heal yourself without them. Then use your spiritual power to

keep yourself in a state of love and purification.

It's what you do from this moment onward that matters.

My gratitude to all the organizers, presenters, musicians, volunteers and participants all over the world! You did a fabulous job! Thank you for your contributions of love and light! It is complete!

Respectfully yours,
Phoenix Rising Star